

# FAMILY TIME JAR



One of the best resolutions you can make is to spend more quality time together as a family. Think of some of your family's favorite activities and write them on a piece of paper or popsicle stick. Try to come up with at least five to ten things to get the jar started. Then keep the jar within eyesight and continue to add new ideas throughout the year! If you need some inspiration, print out this page and add some of our ideas to your jar.

GO TO A LOCAL  
CHILDREN'S MUSEUM

VISIT THE  
LIBRARY

CAMP IN THE  
BACKYARD

FAMILY PICNIC IN  
THE PARK

GO TO THE  
MOVIES

COOK A  
NEW RECIPE

GAME  
NIGHT

JUMP IN  
PUDDLES

TAKE A FAMILY  
STROLL

MAKE AN INDOOR  
CAMPSITE

READ YOUR FAVORITE  
BOOK

CHILD'S  
CHOICE

GROWN-UP'S  
CHOICE