



Five Benefits of Teaching Children How to Cook

Cooking is as important a life skill as swimming or riding a bike. However, like those other skills, cooking is not generally taught in school. With the holiday season upon us, what better time to foster a love of cooking with your child than when you're making some favorite dishes? [Check out these](#) key benefits of helping your little one get comfortable in the kitchen.

Thanksgiving Place Cards



Help your child get involved with the Thanksgiving festivities by creating place cards for the dinner table. This activity supports writing, counting and creative skills while connecting your child to those you love.

Materials

- Cardstock
- Scissors
- Crayons and markers
- Glue
- A variety of craft supplies

Directions

1. Talk with your child about the family members and friends who will be attending your Thanksgiving dinner.
2. Cut the cardstock to twice the desired size of the place cards, and then fold them in half to make



3. Help your child write each person's name on a place card.
4. Let your child get creative and start decorating them any way your child would like.
5. When setting the table for Thanksgiving dinner, let your child put out the place cards.

**An adult should oversee all the activities. The activities may not be appropriate for all ages.*

Feeling Thankful around the World

This time of year, there's just so much to be thankful for, especially on Thanksgiving. Did you know that the United States isn't the only country to dedicate a day for giving thanks? Nations all over the world celebrate similar holidays with food-based traditions throughout the year. [Here are a few giving-thanks celebrations](#) you and your child can learn about.



Travel without Traveling: How to Explore the World with Your Family from Home

Without a doubt, 2020 has been the Year of the Staycation, which has revealed that you don't have to go anywhere to have a good time. Dr. Jennifer Jipson, a member of The Goddard School's Educational Advisory Board, has some [creative tips to help make your family's next staycation](#) one for the memory books.



Fun with Thanksgiving Crafts

What better way to explore the concept of thankfulness with your child than through activities you can do together? [These Thanksgiving-themed crafts](#) are the perfect place to start.



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