**DAY 1**

### LANGUAGE AND LITERACY

**ACTIVITY**
Read books with animals and encourage your child to make animal sounds with you as you read. You can also make the animal sounds first and ask them to point to the animal that makes that sound.

**SKILL DEVELOPED**
Categorizing familiar sounds

**MATERIALS**
Book suggestions: *Little Blue Truck* by Alice Schertle, illustrated by Jill McElmurrry; *Dear Zoo* by Rod Campbell; *Goodnight Gorilla* by Peggy Rathmann

### COGNITIVE AND MATHEMATICS

**ACTIVITY**
Take out blocks or shape sorters. Play with your child and see how many ways you can sort the items. You can sort them from smallest to largest, least amount of sides to most, hard or soft, pointy or smooth, etc.

**SKILL DEVELOPED**
Exploring comparisons and quantities

**MATERIALS**
Play items, blocks, shapes, etc.

### SCIENTIFIC EXPLORATION

**ACTIVITY**
Measure objects with different body parts. Use hands to measure the table or the porch, then use feet or arms. Make a picture graph to compare the measurements with hands vs. feet.

**SKILL DEVELOPED**
Exploring measurable attributes

**MATERIALS**
Paper, crayons or markers

This activity can be taken outside for fresh air and physical activity!
**ENGINEERING**

**ACTIVITY**
Use a mirror and flashlights to see how light moves when shining on different surfaces from different angles. Talk about how the room gets lighter when light reflects in the mirror. Let your child explore with the flashlight.

**SKILL DEVELOPED**
Participating in simple investigations

**MATERIALS**
Flashlight, mirror

---

**SOCIAL–EMOTIONAL**

**ACTIVITY**
Give your child choices for a snack. Allow them to pick one item from a list of two to three items. Then have them help you put out the selected snack and put the others away. Talk with them about the snack they selected and then explain that the other snack items can be a choice for another time.

**SKILLS DEVELOPED**
Making simple choices and recognizing consequences

**MATERIALS**
Snack items

---

**MUSIC AND MOVEMENT**

**ACTIVITY**
Sing your child’s favorite songs with them. Suggest clapping along to the beat the first time through a song. To challenge them further, suggest clapping the first time through and dancing the second time. Ask them what they are going to do the second time through and see if they remember and follow the instructions.

**SKILL DEVELOPED**
Following one- and two-step directions

**MATERIALS**
Favorite songs

This activity can be taken outside for fresh air and physical activity!
# AT-HOME LEARNING ACTIVITIES TO DO WITH YOUR CHILD

## TODDLERS (1 YEAR - 3 YEARS)

### Day 3

## Language and Literacy

### ACTIVITY
Read your child’s favorite books as you ask them about what is going on in the stories. Use questions such as the following:

- “What are they doing?”
- “Where do you think they will go?”
- “What do you see in the pictures?”
- “Where is the ________?”

### SKILL DEVELOPED
Relating text to personal experiences

### MATERIALS
Book suggestions: *The Snowy Day* by Ezra Jack Keats; *The Napping House* by Audrey Wood and Don Wood; *The Very Hungry Caterpillar* by Eric Carle

## Cognitive and Mathematics

### ACTIVITY
Draw shapes with your child. Talk about how many sides they have. You can use objects to trace shapes, too. Then ask your child to color with you. Encourage them to match shapes with the same colors.

### SKILL DEVELOPED
Creating and composing simple shapes

### MATERIALS
Paper, crayons or markers, items of different shapes to trace

## Scientific Exploration

### ACTIVITY
Take a walk outside and water some plants or flowers. Talk through why watering plants is important for them to grow. Let your child try watering by themselves. Talk about how they need water to grow, too.

### SKILL DEVELOPED
Recognizing basic needs for plants, animals and humans

### MATERIALS
Watering cup or can, water, flowers or plants

*This activity can be taken outside for fresh air and physical activity!*
### Day 4

#### Engineering

**Activity**
Mix cornstarch and water. Try it with varying quantities of water and cornstarch. Encourage your child to test the mixture with their hands and pick some up to see what happens. Ask questions such as the following:
- “What happened?”
- “Why does it feel that way?”
- “What should we try next?”

**Skill Developed**
Noticing changes in matter

**Materials**
Cornstarch, water, bowl or bin, towels for cleanup

---

#### Social–Emotional

**Activity**
Take turns looking in a mirror, side-by-side. Talk about what is similar and different. Identify facial and bodily attributes. While you are there, practice your funny faces, sad faces and angry faces too! Be sure to label emotions with words.

**Skill Developed**
Making connections to similarities and differences

**Materials**
Mirror

---

#### Music and Movement

**Activity**
Sing “If You’re Happy and You Know It” with your child. Allow them to choose the emotion from a list.

- Happy – Clap your hands;
- Angry – Stomp your feet;
- Sad – Give a hug;
- Excited – Shout hooray (arms up);
- Confused – Give it thought (point to head).

**Skills Developed**
Identifying emotion words, corresponding words with motions

**Materials**
“If You’re Happy and You Know It”
## DAY 5

### LANGUAGE AND LITERACY

**ACTIVITY**

Encourage new language when engaging with books. Repeat words that your child understands and encourage them to say the words with you. This is particularly great to do with repetitive books.

**SKILL DEVELOPED**

Using new vocabulary in everyday speech

**MATERIALS**

Book suggestions: *Brown Bear, Brown Bear, What Do You See?* by Bill Martin, Jr.; *The Pout-Pout Fish* by Deborah Diesen, illustrated by Dan Hanna; *Five Little Monkeys Jumping on the Bed* by Eileen Christelow

### SCIENTIFIC EXPLORATION

**ACTIVITY**

Flip through magazines, take a walk or read a book. Talk with your child about living and non-living things. Encourage them to identify what is living and what is not.

**SKILL DEVELOPED**

Recognizing living and non-living things

**MATERIALS**

Magazines, books, play items, etc.

### MUSIC AND MOVEMENT

**ACTIVITY**

Play follow the leader with your child. Start by making a movement, then have them repeat it. Then let them choose a movement and you repeat it back for them. Try the following:

- Nod your head;
- Tap your toes;
- Clap your hands;
- Jump up and down;
- Tap your belly;
- Tap your shoulders;
- Bend at your waist;
- Twirl around.

**SKILL DEVELOPED**

Taking turns when asked

**MATERIALS**

None

---

**ENJOY AND REPEAT!**

When we repeat activities, books and songs with children, we help them master skills, build confidence and create lasting and more meaningful connections with learning and with people they care about.