**GREETING**

**ACTIVITY**  
Ask how your child slept and what your child is looking forward to doing today. Talk about a place you can visit and the ways you would get there.

**LEARNING SKILLS**  
Self-expression, working memory

**MATERIALS**  
N/A

**MORNING MEETING**

**ACTIVITY**  
Discuss where you could travel during a summer vacation. What do you like to do when you travel? How long will it take to get where you want to go? Use a map to look for interesting locations, and talk about climates, distances and topography.

**LEARNING SKILLS**  
Working memory, planning and organization

**MATERIALS**  
Map

**TRANSITION**

**ACTIVITY**  
Count the number of steps it takes to go up and down stairs. Use the stairs if you are inside, or go outside and use the porch steps.

**LEARNING SKILLS**  
Following directions, gross motor skills, counting

**MATERIALS**  
N/A
PRE-EXPLORATION

**ACTIVITY**
Start planning a trip! Provide your child with sheets of paper and markers, and ask him or her to plan a trip. Ask your child these questions:

- Will you go to one place or more than one place?
- How will you pay for the trip?
- What will you bring on your trip?
- What types of transportation will you take on your trip?
- What activities will you do on your trip?
- Who will travel with you on the trip?

Have your child write out or draw all his or her ideas in a travel journal. If your child wants, you can help him or her write.

**LEARNING SKILLS**
Writing, fine motor skills, following directions

**MATERIALS**
Paper, pencils, markers

PURPOSEFUL EXPLORATION

**ACTIVITY**
Provide art supplies and cardboard boxes, and let your child create a type of transportation to take on the trip.

Create a place to stay on this trip together. You could build a fort, set up a tent or use cardboard boxes to make a place to stay.

**LEARNING SKILLS**
Fine motor skills

**MATERIALS**
Paper, pencils, markers, fort building or play place materials

POST EXPLORATION

**ACTIVITY**
Have your child make a list of everything he or she wants to do on the trip, and determine what it will cost. Use play money or make money from construction paper, and have your child pay for the trip.

**LEARNING SKILLS**
Language and vocabulary

**MATERIALS**
Paper, markers, play money
**MEALTIME**

**ACTIVITY**
Discuss what you would eat on a trip. Talk about how other countries have different foods, and ask your child what he or she would like to try. Share some of your favorites with them and what origin the foods have.

**LEARNING SKILLS**
Healthy habits

**MATERIALS**
N/A

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**TRANSITION**

**ACTIVITY**
Do three sets of ten jumping jacks.

**LEARNING SKILLS**
Listening skills

**MATERIALS**
N/A

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**LEARNING LAB**

**ACTIVITY**
Show your child a map, and explain how you find new locations. Have your child make a map showing how to get to the fort or tent you made earlier.

**LEARNING SKILLS**
Fine motor skills, creativity

**MATERIALS**
Paper, markers
OUTSIDE TIME

ACTIVITY

Play follow the map, which is like follow the leader. Create an obstacle course with items like hula hoops, balls, buckets, brooms and dustpans. Make a map with directions, and try to follow the map to get to a specific object.

LEARNING SKILLS

Gross motor, following directions

MATERIALS

Hula hoops, buckets, balls, brooms, dustpans, paper, markers

REST TIME

ACTIVITY

It’s time to relax. Establish a routine before naps that supports your child in calming his or her body and settling his or her mind. You can even place your child’s nap mat for school in or next to the bed.

LEARNING SKILLS

N/A

MATERIALS

N/A

TRANSITION

ACTIVITY

As your child wakes up, talk about the best thing that happened today. What was something new that they learned about a place in the world?

LEARNING SKILLS

N/A

MATERIALS

N/A
**CHILDS CHOICE**

<table>
<thead>
<tr>
<th>ACTIVITY</th>
<th>Use this time to do the activity your child wanted to do this morning. You can also do this activity at any time during the day.</th>
</tr>
</thead>
<tbody>
<tr>
<td>LEARNING SKILLS</td>
<td>N/A</td>
</tr>
<tr>
<td>MATERIALS</td>
<td>N/A</td>
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</tbody>
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