## Greeting

**Activity**
Ask how your child slept and what your child is looking forward to doing today. Talk about how you would love to construct a house or building together.

**Learning Skills**
Self-expression, working memory

**Materials**
N/A

## Morning Meeting

**Activity**
Talk about what you did yesterday. Read the book *Alphabet under Construction* by Denise Fleming or listen to the reading of the book. Ask your child what materials he or she will need to construct an alphabet.

**Learning Skills**
Working memory, planning and organization, understanding time

**Materials**
Book or recorded story

## Transition

**Activity**
Count the number of steps it takes to go up and down stairs. Use the stairs if you are inside, or go outside and use the porch steps.

**Learning Skills**
Following directions, gross motor skills, counting

**Materials**
Stairs
PRE-EXPLORATION

ACTIVITY
Discuss the three construction words from the book: construct, craft and crave. Ask your child what they mean and how the words are different.

LEARNING SKILLS
Listening, vocabulary

MATERIALS
Book or recorded story

PURPOSEFUL EXPLORATION

ACTIVITY
Create and construct your own alphabet. Try using some of the suggested materials to encourage your child to make the letters in his or her name. Encourage your child to be creative with the construction materials. For example, your child can make a letter from nuts and bolts, from modeling dough and small trucks or from modeling dough and cookie cutters. Can you build a 3D model of a letter together?

LEARNING SKILLS
Fine motor skills, vocabulary, letter recognition

MATERIALS
Construction toys, measuring tape, bottle caps, nuts and bolts, washers, cookie cutters, cardboard tubes, buttons, bread tags, spoons, straws, pipe cleaners, craft sticks, rolling pin, toothpicks

POST EXPLORATION

ACTIVITY
Discuss what your child used to make the letters and how your child chose the materials. Take pictures of the letters, and add them to a journal.

LEARNING SKILLS
Fine motor skills

MATERIALS
Paper, camera
## MEALTIME

**ACTIVITY**
During lunch, talk about different occupations that require construction materials.

**LEARNING SKILLS**
N/A

**MATERIALS**
N/A

## TRANSITION

**ACTIVITY**
Do three sets of ten jumping jacks.

**LEARNING SKILLS**
Listening skills, gross motor skills

**MATERIALS**
N/A

## LEARNING LAB

**ACTIVITY**
Provide your child with materials for building a craft stick house or cabin. Give the craft sticks or other materials to your child, tell your child to build a house and then let him or her get creative.

**LEARNING SKILLS**
Fine motor skills, creativity

**MATERIALS**
Craft sticks or paper towel rolls, glue, tape, other household or recycleable items
OUTSIDE TIME

ACTIVITY
Collect large boxes and build a fort outside. If you are in a city, build a fort on the balcony, or go to a park and bring items you can use to build a fort.

Make a path using boxes, and have your child drive a construction toy truck through the path.

LEARNING SKILLS
Gross motor skills, vocabulary, critical thinking

MATERIALS
Cardboard boxes, toy trucks

REST TIME

ACTIVITY
It’s time to relax. Establish a routine before naps that supports your child in calming his or her body and settling his or her mind. You can even place your child’s nap mat for school in or next to the bed.

LEARNING SKILLS
N/A

MATERIALS
N/A

TRANSITION

ACTIVITY
As your child wakes up, talk about the best thing that happened today.

LEARNING SKILLS
N/A

MATERIALS
N/A
**CHILD’S CHOICE**

<table>
<thead>
<tr>
<th>ACTIVITY</th>
<th>Use this time to do the activity your child wanted to do this morning. You can also do this activity at any time during the day.</th>
</tr>
</thead>
<tbody>
<tr>
<td>LEARNING SKILLS</td>
<td>N/A</td>
</tr>
<tr>
<td>MATERIALS</td>
<td>N/A</td>
</tr>
</tbody>
</table>