GODDARD AT HOME

F.L.EX.® DAILY ACTIVITY PLANS

PRESCHOOL & PRE-KINDERGARTEN

LEAPING INTO LITERATURE

WEEK 3 • DAY 2
### Greeting

**ACTIVITY**
Greet your child with a warm “Good morning.” Invite your child to read his or her favorite book before enjoying the day.

**LEARNING SKILLS**
N/A

**MATERIALS**
N/A

### Morning Meeting

**ACTIVITY**
Read *Brown Bear, Brown Bear, What Do You See?* by Bill Martin Jr. and Eric Carle. Discuss all the colors that are mentioned in the book, and make a list of all the things the child sees in your house that are the colors in the story.

**LEARNING SKILLS**
Working memory, writing skills, communication

**MATERIALS**
Paper, crayons, markers

### Transition

**ACTIVITY**
Take colorful construction paper and lay it out on the floor. Have the child jump from color to color and name the color where he or she lands. Do this for three minutes.

**LEARNING SKILLS**
Gross motor skill development, color recognition

**MATERIALS**
Construction paper
**PRE-EXPLORATION**

**ACTIVITY**
Gather colorful items for the Purposeful Exploration activity. Talk about how we can create art out of all the colors mentioned in Brown Bear, Brown Bear, What Do You See?

**LEARNING SKILLS**
Creativity, organization

**MATERIALS**
N/A

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**PURPOSEFUL EXPLORATION**

**ACTIVITY**
Allow your child to sort the paper by color. Have your child make an art collage out of all the colorful paper that matches the colors in the book.

BONUS! Enjoy an activity as Goddard presents Root for Earth. In honor of Earth Day, your child can help sort the laundry. He or she can sort the laundry by color, size, sleeve length for tops or length for bottoms. Talk to your child about reusing textiles and water conservation.

*Share a photo of you and your child doing this activity with us at PR@goddardsystems.com. Please include your child’s name and age and which Goddard School location your child attends. We may use your photo in our media outreach (including broadcast, print and electronic news media).*

**LEARNING SKILLS**
Creativity, fine motor skill development, writing skills

**MATERIALS**
Colorful paper, crayons, markers, tissue paper

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**POST EXPLORATION**

**ACTIVITY**
Talk about all the colors that are coming to life during springtime. Allow your child to add to the list created during Morning Meeting.

**LEARNING SKILLS**
Reflection, prediction

**MATERIALS**
N/A
# Mealtime

**ACTIVITY**

During lunch, talk about all the different colors of food. Ask which color your child likes the best for lunch.

**LEARNING SKILLS**

Learning healthy habits

**MATERIALS**

N/A

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# Transition

**ACTIVITY**

As you are cleaning up after lunch, discuss what you can have for dinner and all the colors of each food.

**LEARNING SKILLS**

Learning healthy habits

**MATERIALS**

N/A

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# Learning Lab

**ACTIVITY**

Go on a color hunt in the house. Make a list of the colors in the book read during Morning Meeting. Ask your child to go around the house and find items that are those colors and sort them on the floor in piles.

**LEARNING SKILLS**

Planning, organization, color recognition

**MATERIALS**

N/A
### Outside Time

**Activity**
When outside, discuss all the colors in nature. Have your child find different colors on a walk. At the end of the walk, have your child draw pictures of what he or she found outside.

Take the color squares from the Transition activity in the morning and play color hopscotch. Lay the color squares out and have your child hop to a specific color.

**Learning Skills**
Gross motor skill development, color recognition

**Materials**
Color squares, paper, crayons, markers, paint

### Transition

**Activity**
Have your child walk to the beat of the music, for example in flowing movements or softly tiptoeing for slow music.

**Learning Skills**
Gross motor skill development

**Materials**
N/A

### Rest Time

**Activity**
Time to relax. Establish a routine before naps that supports your child to calm his or her body and settle the mind.

**Learning Skills**
N/A

**Materials**
N/A
**CHILD’S CHOICE**

**ACTIVITY**  
This may be a good time to do one thing your child wanted to do today. You can also do this activity anytime during the day.

**LEARNING SKILLS**  
N/A

**MATERIALS**  
N/A