



GODDARD AT HOME

F.L.EX.® DAILY ACTIVITY PLANS
PRESCHOOL & PRE-KINDERGARTEN

ANIMAL ADVENTURES

WEEK 3 • DAY 1





GREETING

ACTIVITY Sing a Morning Song! Sing a favorite song together as you start your day. You can extend the activity by creating new lyrics.

LEARNING SKILLS Reflection

MATERIALS N/A

MORNING MEETING

ACTIVITY Reflect and Plan. Talk about what you did over the weekend. Discuss the topics of the week and how today is all about animals. Ask, "What is your favorite animal?" Talk about where animals live.

LEARNING SKILLS Working memory, writing skills, communication

MATERIALS N/A

TRANSITION

ACTIVITY As you are getting ready for the day, imagine you are wiggling worms. Wiggle to the left, wiggle to the right. Make up an earthworm dance.

LEARNING SKILLS Gross motor skill development, self-expression

MATERIALS N/A



PRE-EXPLORATION

ACTIVITY

Talk about fish and where they live. You find all sorts of fish in freshwater and saltwater. Fish eat bugs and vegetation, and some eat other animals. Read a book about fresh- and saltwater fish. Mention that fish come in all sizes from very small, such as goldfish, to large, such as sharks. To prepare for the Learning Lab activity, create a list of different animal characteristics such as horns, ears, legs/feet and fins.

LEARNING SKILLS

Science, natural habitats

MATERIALS

Paper, crayons, markers, pencils

PURPOSEFUL EXPLORATION

ACTIVITY

Make an aquarium drawing. Fish live in aquariums in a house. Draw a picture of what your fish aquarium will look like and all the fish that will live in the aquarium.

Sort the fish by color as you count them. Create fishing ponds out of blue construction paper and place them on the table. Provide a variety of colored pom-poms to serve as your fish. Using fingers or tweezers, have your child sort the fish into the ponds by color while counting.

LEARNING SKILLS

Creativity, math, fine motor skill development

MATERIALS

Crayons, paper, blue construction paper, pom-poms, tweezers

POST EXPLORATION

ACTIVITY

Talk about what fish you could have at your house. What would you need to have a fish as a pet?

LEARNING SKILLS

Reflection

MATERIALS

N/A



MEALTIME

ACTIVITY	Make fish sticks for lunch or talk about what kinds of fish you can eat and how fish are raised.
LEARNING SKILLS	Learning healthy habits
MATERIALS	N/A

TRANSITION

ACTIVITY	As you are cleaning up after lunch, discuss all the fish you can find in the sea.
LEARNING SKILLS	N/A
MATERIALS	N/A

LEARNING LAB

ACTIVITY	Use the list from Pre-Exploration and roll a regular die to determine how many of each characteristic the animal/monster will have (e.g., five legs, three ears). Keep a list of all the characteristics of your new animal/monster. After all have been answered, start drawing your new animal/monster. Discuss where it might live (an animal with eight fins might not live on land), what it would eat (an animal with one tooth would have a hard time eating meat), whether it could live on this world or another and whether it would get along well with animals that already exist. Create as many animals as you want.
LEARNING SKILLS	Planning, organization, creativity, fine motor skill development
MATERIALS	Large sheet of paper, crayons, markers, old magazines, scissors, glue or tape



OUTSIDE TIME

ACTIVITY	Go outside and play in the water table with plastic animals. Take plastic animals outside and do shadow art. Trace the shadows of the animals on paper.
LEARNING SKILLS	Creativity
MATERIALS	Water table, water, bucket, paper, crayons

TRANSITION

ACTIVITY	Read a book on sharks or other fish that live in the sea to calm down before rest time.
LEARNING SKILLS	Listening skills, vocabulary, comprehension, self-soothing
MATERIALS	Books on sharks or fish

REST TIME

ACTIVITY	Time to relax. Establish a routine before naps that supports your child to calm his or her body and settle the mind.
LEARNING SKILLS	N/A
MATERIALS	N/A



CHILD'S CHOICE

ACTIVITY

This may be a good time to do one thing your child wanted to do today.
You can also do this activity anytime during the day.

LEARNING SKILLS

N/A

MATERIALS

N/A