## Greeting

<table>
<thead>
<tr>
<th>Activity</th>
<th>Good Morning - Read your child’s favorite book.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Learning Skills</td>
<td>Listening, vocabulary, collaboration</td>
</tr>
<tr>
<td>Materials</td>
<td>N/A</td>
</tr>
</tbody>
</table>

## Morning Meeting

<table>
<thead>
<tr>
<th>Activity</th>
<th>Reflect and Plan - Talk about what you did yesterday. Ask your child what he, or she, would like to do today. Next, talk about your routine for the day. Make a schedule with pictures to review in the morning.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Learning Skills</td>
<td>Working memory, planning and organization, understanding time</td>
</tr>
<tr>
<td>Materials</td>
<td>Pictures of the times of day for the schedule</td>
</tr>
</tbody>
</table>

## Transition

<table>
<thead>
<tr>
<th>Activity</th>
<th>Have a three-minute dance party. Let your child choose a song and dance.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Learning Skills</td>
<td>Self-regulation, self-confidence, gross motor skills</td>
</tr>
<tr>
<td>Materials</td>
<td>N/A</td>
</tr>
</tbody>
</table>
**PRE-EXPLORATION**

**ACTIVITY**
Talk about what the Dewey Decimal System is and how to find books in a library. If you are unfamiliar with it, use Google and talk about it with your child.

**LEARNING SKILLS**
Language and vocabulary

**MATERIALS**
N/A

**PURPOSEFUL EXPLORATION**

**ACTIVITY**
Provide your child with books for creating a library. Have your child create a system like the Dewey Decimal System and shelve the books. Then, play library together. Your child can pretend to check out a book and return it.

**LEARNING SKILLS**
Fine motor, creative expression

**MATERIALS**
N/A

**POST EXPLORATION**

**ACTIVITY**
Write a journal. The entries can be drawings about the library game or a story.

**LEARNING SKILLS**
Critical thinking, language and vocabulary

**MATERIALS**
N/A
### MEALTIME

**ACTIVITY**
Have your child help make lunch.

**LEARNING SKILLS**
Responsibility, self-confidence

**MATERIALS**
N/A

### LEARNING LAB

**ACTIVITY**
Make modeling dough with your child. Afterward, let your child play with the modeling dough. Have your child write out his or her name and use the modeling dough to create the letters. Make a large ball of modeling dough and let it dry – you’ll need this for outside time!

**LEARNING SKILLS**
Language and vocabulary, fine motor skills

**MATERIALS**
Recipe for modeling dough

### TRANSITION

**ACTIVITY**
Have your child put on his or her own coat if you are heading outside.

**LEARNING SKILLS**
Gross motor skills

**MATERIALS**
N/A
### OUTSIDE TIME

**ACTIVITY**
Take that large ball of modeling dough you made earlier outside and play catch with it.

**LEARNING SKILLS**
Gross motor skills

**MATERIALS**
N/A

### TRANSITIONS

**ACTIVITY**
Read a favorite story to your child before naptime.

**LEARNING SKILLS**
Listening skills, vocabulary and comprehension, self-soothing

**MATERIALS**
Favorite children’s book

### REST TIME

**ACTIVITY**
It’s time to relax. Establish a routine before naps that supports your child in calming his or her body and settling his or her mind. You can even place your child’s nap mat for school in or next to the bed.

**LEARNING SKILLS**
N/A

**MATERIALS**
N/A
<table>
<thead>
<tr>
<th>CHILD’S CHOICE</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ACTIVITY</strong></td>
<td>Use this time to do the activity your child wanted to do this morning. You can also do this activity at any time during the day.</td>
</tr>
<tr>
<td><strong>LEARNING SKILLS</strong></td>
<td>N/A</td>
</tr>
<tr>
<td><strong>MATERIALS</strong></td>
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