ANIMAL ADVENTURES

WEEK 1 • DAY 1
### Greeting

**Activity**

*Good Morning* – Sing one of your child’s favorite songs together as you start your day. You can extend the activity by creating new lyrics.

**Learning Skills**

Listening, vocabulary, collaboration

**Materials**

N/A

### Morning Meeting

**Activity**

*Reflect and Plan* - Talk about what you did yesterday. Ask your child what he, or she, would like to do today. Next, talk about the routine for the day.

**Learning Skills**

Working memory, planning and organization, understanding time

**Materials**

Pictures of the times of day for the schedule

### Transition

**Activity**

*Touch Your Toes* - Have your child show you how to touch your toes. Do three sets of five toe touches.

**Learning Skills**

Self-regulation, self-confidence, gross motor skills

**Materials**

N/A
**PRE-EXPLORATION**

**ACTIVITY**
Talk about where animals live. What do their homes look like? Discuss what our homes look like and different kinds of homes.

**LEARNING SKILLS**
Responsibility, planning and organization

**MATERIALS**
N/A

**PURPOSEFUL EXPLORATION**

**ACTIVITY**
Provide your child with materials for building a blanket fort. Explain how a fort is like a home and how an animal can make a home outside.

**LEARNING SKILLS**
Gross motor skills, critical thinking

**MATERIALS**
Blankets, sheets, towels, pillows

**POST EXPLORATION**

**ACTIVITY**
Discuss what your child liked about playing in the fort. Take pictures of the fort and share them with your family.

**LEARNING SKILLS**
Language and vocabulary, critical thinking

**MATERIALS**
Phone
MEALTIME

ACTIVITY
Have your child set the table for lunch.

LEARNING SKILLS
Responsibility, self-confidence

MATERIALS
N/A

LEARNING LAB

ACTIVITY
Sort Blocks – Have your child sort the blocks by size or color. Have your child explain how he or she sorted the blocks. Ask your child about other ways to sort the blocks.

LEARNING SKILLS
Creative expression, science (inquiry and prediction), fine motor skills

MATERIALS
Building blocks

TRANSITION

ACTIVITY
Have your child put on his or her own coat if you are heading outside. Assist your child as needed.

LEARNING SKILLS
Gross motor skills

MATERIALS
N/A
### OUTSIDE TIME

**ACTIVITY**
Take a walk, and discuss what you could use to build a fort outside. Try to find where animals live.

**LEARNING SKILLS**
Gross motor skills

**MATERIALS**
N/A

### TRANSITIONS

**ACTIVITY**
Read a story about animals to your child before naptime.

**LEARNING SKILLS**
Listening skills, vocabulary and comprehension, self-soothing

**MATERIALS**
Favorite children’s book

### REST TIME

**ACTIVITY**
It’s time to relax. Establish a routine before naps that supports your child in calming his or her body and settling his or her mind. You can even place your child’s nap mat for school in or next to the bed.

**LEARNING SKILLS**
N/A

**MATERIALS**
N/A
<table>
<thead>
<tr>
<th>CHILD’S CHOICE</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>ACTIVITY</td>
<td>Use this time to do the activity your child wanted to do this morning. You can also do this activity at any time during the day.</td>
</tr>
<tr>
<td>LEARNING SKILLS</td>
<td>N/A</td>
</tr>
<tr>
<td>MATERIALS</td>
<td>N/A</td>
</tr>
</tbody>
</table>