### Greeting

**ACTIVITY**

Good morning! Explain that today you are going to be professional artists. Ask your child what type of art is his or her favorite: painting, coloring or sculpting?

**LEARNING SKILLS**

Making choices

**MATERIALS**

N/A

### Morning Meeting

**ACTIVITY**

Reflect and plan. Talk about what you did together yesterday. Show pictures from books or from the internet of artists, such as Van Gogh or Monet, or use the art in your home. Talk about what you and your child see in the paintings. What makes these works so remarkable? Remember to make time for fun things that you and your child would like to do. Write it on our plan.

**LEARNING SKILLS**

Expressing opinions, planning and organization, reflection

**MATERIALS**

Daily chart, paper, pencils or markers

### Transition

**ACTIVITY**

Ask your child to draw how he or she feels today. Is he or she happy, sad, sleepy or mad?

**LEARNING SKILLS**

Creative expression, fine motor skills

**MATERIALS**

Paper, Crayons, markers
**PRE-EXPLORATION**

**ACTIVITY**

Explain to your child what an art museum is. Ask your child why we have museums? Talk about their ideas about what makes art so special that it would be placed in a museum.

**LEARNING SKILLS**

Integration of knowledge

**MATERIALS**

N/A

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**PURPOSEFUL EXPLORATION**

**ACTIVITY**

Compare different types of art, such as painting, sculpture and photography at an art museum, through books or on the Internet. Try the virtual tour of the Van Gogh Museum in Amsterdam or the National Gallery of Art in Washington D.C. How are they the same? How are they different? Which ones does your child like the most? Ask your child to make a painting, like a painting that he or she likes, using any type of media. Encourage your child to combine or test out the different media, like paint and glue.

**LEARNING SKILLS**

Interpreting art, creative expression, using a variety of media

**MATERIALS**

Virtual museum tours, paints, brushes, colored pencils, paper, glue, scissors, crayons and markers

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**POST-EXPLORATION**

**ACTIVITY**

Cleanup time. Have your child clean up the materials so they can be used again.

**LEARNING SKILLS**

Responsibility

**MATERIALS**

N/A
**MEALTIME**

**ACTIVITY**
You can be an artist in the kitchen. Cut up vegetables on a plate and make designs before eating them.

**LEARNING SKILLS**
Creative design

**MATERIALS**
Vegetables

**TRANSITION**

**ACTIVITY**
Paint while you listen to different types of music. How does the painting change when you change the music?

**LEARNING SKILLS**
Music and movement, self-expression, fine motor skills

**MATERIALS**
Music, paper, paint, brushes

**LEARNING LAB**

**ACTIVITY**
Point out the shapes hidden in objects within paintings. Find shapes in animals and people. For example, a horse’s body is shaped like a rectangle. Draw your favorite animals by sketching the hidden shapes first. Expand the activity by using shapes to create other objects that your child chooses, like boats, trees or houses.

**LEARNING SKILLS**
Understanding shapes and spatial relations, creativity

**MATERIALS**
Artwork, art materials, paper
## OUTSIDE TIME

| ACTIVITY | Take the art outside. Bring paints, brushes, crayons and markers and have your child collect items to paint such as stones or sticks. The art projects can be displayed around the yard or in a pot for plants. |
| LEARNING SKILLS | Mixed media expression, fine motor skills |
| MATERIALS | Art supplies, items found in nature |

## REST TIME

| ACTIVITY | Time to relax. Establish a routine before naps that supports your child in calming his or her body and settling the mind. |
| LEARNING SKILLS | N/A |
| MATERIALS | N/A |

## TRANSITION

<p>| ACTIVITY | Try this for an afternoon snack. Get out the cookie dough or clay. Ask your child to make shapes, such as circles, squares and freeform. Then bake the cookies, yum! |
| LEARNING SKILLS | N/A |
| MATERIALS | Cookie dough or clay |</p>
<table>
<thead>
<tr>
<th>CHILD’S CHOICE</th>
<th></th>
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<tbody>
<tr>
<td><strong>ACTIVITY</strong></td>
<td>This may be a good time to do the one thing your child wanted to do today. You can also do this activity anytime during the day.</td>
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<tr>
<td><strong>LEARNING SKILLS</strong></td>
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