### Greeting

**Activity**

Good morning! Ask your child who is in your family. What do they do? Chant a family nursery rhyme together such as *Family Finger Play, Over the River and Through the Woods*, or *Old MacDonald*. Try changing the words or people to members of your family or what you see in your neighborhood.

**Learning Skills**

Listening skills, empathy

**Materials**

Videos for song and rhyme reference

### Morning Meeting

**Activity**

Reflect and plan. Talk about what you did together yesterday. What was the most fun? Today we are going to focus on people - our family and people in the community. Remember to make time for fun things that you and your child would like to do. Write it on your plan.

**Learning Skills**

Planning and organization, reflection

**Materials**

Daily chart, paper and pencils or markers

### Transition

**Activity**

Ask job questions, like “Who do you see when your car breaks down?” “I’m thinking of someone who washes and grooms my dog, who could that be?” or “Who do you call if you’re sick?” Have your child ask you to guess about community helpers too.

**Learning Skills**

Jobs, problem-solving

**Materials**

N/A
### PRE-EXPLORATION

**ACTIVITY**
Talk about what voting is and how we can make choices based on what we like or don’t like. Explain what a ballot is. Help your child gather the materials he or she thinks are needed to create ballots.

**LEARNING SKILLS**
Organization and planning

**MATERIALS**
Paper, crayons, scissors, old magazines

### PURPOSEFUL EXPLORATION

**ACTIVITY**
Ask your child to create ballots to vote for dinner, a movie or a game using pictures for their choices. Your child can cut images out of magazines, draw pictures or write the words. For example, each person in your family can vote for a main dish, a vegetable, a drink and a dessert. You can also do a virtual live chat online and ask the questions of friends and family. Your child can tally the choices and post the winners on the refrigerator or send them to friends and family.

**LEARNING SKILLS**
Data collection, perspective taking, making choices, citizenship, writing skills

**MATERIALS**
Paper, pencil or marker, smartphone or tablet, scissors, old magazines

### POST-EXPLORATION

**ACTIVITY**
Talk about how your voting went. Were you surprised by the results? Plan on what to vote on next.

**LEARNING SKILLS**
Interpreting data

**MATERIALS**
N/A
**MEALTIME**

**ACTIVITY**
Make one of the favorite items from the voting for lunch or plan it together for dinner.

**LEARNING SKILLS**
Applying knowledge

**MATERIALS**
Meal items

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**TRANSITION**

**ACTIVITY**
Citizens work together to help each other. Ask your child to tell you five ways he or she can be a good citizen at home. Make a list of the ideas that can include cleaning up after we play and washing our hands so we don’t spread germs.

**LEARNING SKILLS**
Critical thinking, problem-solving, responsibility

**MATERIALS**
Paper and pencils

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**LEARNING LAB**

**ACTIVITY**
Draw or cut out 10 pictures from magazines of different people doing their jobs, such as bankers, dry cleaners, doctors, dentists and store clerks. Make a collage and label each job. Talk about how they help people and how they make the world a better place.

**LEARNING SKILLS**
Understanding jobs and functions, creativity, fine motor skills

**MATERIALS**
Paper, pictures (old magazines), construction paper, glue, scissors
## OUTSIDE TIME

**ACTIVITY**
Ask your child to act out outside jobs that they can help you with, like brushing off the walkway, digging in the garden, putting toys away, washing a garbage can (which can be fun on a hot day), watering plants and planting. Children love to help outdoors and use tools similar to their parents. Ask your children how they could help someone in your neighborhood, and then help them to accomplish their idea safely.

**LEARNING SKILLS**
Gross motor skills, responsibility, collaboration

**MATERIALS**
Gardening tools, hose, outdoor tools

## REST TIME

**ACTIVITY**
Time to relax. Establish a routine before naps that supports your child in calming his or her body and settling the mind.

**LEARNING SKILLS**
N/A

**MATERIALS**
N/A

## TRANSITION

**ACTIVITY**
Ask your child to draw three pictures of places she or he sees in your town, such as a school, bank, store, restaurant or bike shop. Who works there?

**LEARNING SKILLS**
Fine motor skills, geography, community, occupations

**MATERIALS**
Paper, crayons, markers or colored pencils
**CHILD’S CHOICE**

<table>
<thead>
<tr>
<th>ACTIVITY</th>
<th>This may be a good time to do the one thing your child wanted to do today. You can also do this activity anytime during the day.</th>
</tr>
</thead>
<tbody>
<tr>
<td>LEARNING SKILLS</td>
<td>N/A</td>
</tr>
<tr>
<td>MATERIALS</td>
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