**GREETING**

**ACTIVITY**
“Good morning. Let’s play for a while with our stuffed toys. Can you make a circle using the toys? Can you make a square?”

**LEARNING SKILLS**
Understanding shapes

**MATERIALS**
Stuffed animals or toys

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**MORNING MEETING**

**ACTIVITY**
Reflect and plan. Talk about what happened yesterday. “Did you build yesterday?” “We are going to take on a new building challenge today!” Then ask your child, “What would you like to build?” Write it in your daily plan.

**LEARNING SKILLS**
Working memory, writing skills

**MATERIALS**
Daily chart, paper, pencil

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**TRANSITION**

**ACTIVITY**
Read a story about building such as *B Is for Bulldozer* by June Sobel, illustrated by Melissa Iwai; you can find this online as an e-book or a read-along.

**LEARNING SKILLS**
Language and literacy, listening skills

**MATERIALS**
*B Is for Bulldozer* by June Sobel, illustrated by Melissa Iwai
### Pre-Exploration

**Activity**
Gather the materials and talk about tool use and safety.

**Learning Skills**
Planning and organization

**Materials**
See below

### Purposeful Exploration

**Activity**
Set up a small-tool construction area with a mallet, screwdrivers, sandpaper, nails and screws (use golf tees or play pegs for younger children). Styrofoam and wooden pieces work great to have your child construct whatever he or she imagines (e.g., a table, chair, ramp or door). It may just be fun to play with the tools. Younger children can use one tool at a time.

**Learning Skills**
Engineering, construction, creativity

**Materials**
Recycled Styrofoam, sponges, pieces of wood, sandpaper, tools, nails, screws

### Post-Exploration

**Activity**
Talk about what your child did. What are his or her favorite tools? What was the hardest to use? Why are tools important? How can we safely use the tools?

**Learning Skills**
Understanding safety and rules

**Materials**
N/A
**MEALTIME**

**ACTIVITY**
Ask your child about the tools you use to prepare and eat lunch.

**LEARNING SKILLS**
Applying knowledge

**MATERIALS**
N/A

**TRANSITION**

**ACTIVITY**
Try a transition challenge and ask your child to build a teepee in five minutes. Lay out the materials and let your child decide how to build it. What else can be made with these materials?

**LEARNING SKILLS**
Engineering, critical thinking, math, measurement

**MATERIALS**
Straws or sticks, tape, piece of cloth or paper towel

**LEARNING LAB**

**ACTIVITY**
Practice with sight words while playing a game. Ask your child to create a word structure. Get out the blocks and tape a sight word on each block. Encourage your child to build something with the blocks using all of the sight words. Your child can say the words while building and then read each word when finished with the tower or structure. Knock the structure down and do it again! Your child can do this independently and then read you the results.

**LEARNING SKILLS**
Reading vocabulary, construction

**MATERIALS**
Blocks, masking tape or paper and tape
### OUTSIDE TIME

**ACTIVITY**

Encourage your child to create a town outdoors using sticks, rocks or pine cones. He or she can use a shovel to make roads and tunnels. Your child can also use recycled materials to help make buildings. Ask your child to show you the town and explain the structures and who might live where.

**LEARNING SKILLS**

Planning and organization, engineering, innovation

**MATERIALS**

Small shovels, toy trucks or cars, recycled materials

### REST TIME

**ACTIVITY**

Time to relax. Establish a routine before naps that supports your child in calming his or her body and settling the mind. Put on some soothing music.

**LEARNING SKILLS**

N/A

**MATERIALS**

N/A

### TRANSITION

**ACTIVITY**

Help your child attach brick blocks or other blocks to a mat to make a maze. Put a marble on the maze. Move the mat back and forth to make the marble roll through the maze.

**LEARNING SKILLS**

Fine motor skill development, physics, engineering

**MATERIALS**

Brick blocks, a mat or cardboard, tape, a marble or small ball
<table>
<thead>
<tr>
<th><strong>CHILD’S CHOICE</strong></th>
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<tbody>
<tr>
<td><strong>ACTIVITY</strong></td>
<td>This may be a good time to do the one thing your child wanted to do today. You can also do this activity anytime during the day.</td>
</tr>
<tr>
<td><strong>LEARNING SKILLS</strong></td>
<td>N/A</td>
</tr>
<tr>
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</tbody>
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