GODDARD
AT HOME

F.L.EX.® DAILY ACTIVITY PLANS

KINDERGARTEN

WATERPLAY WONDERS

WEEK 3 • DAY 3
### Greeting

**ACTIVITY**

Greet your child. “Good morning, let’s check out the weather.” Decide together what you will need to wear when you go outside. Will you need a raincoat? Will you need a hat to block the sun?

**LEARNING SKILLS**

N/A

**MATERIALS**

N/A

### Morning Meeting

**ACTIVITY**

Reflect and plan by talking about what you did yesterday and what is going to happen today. Remember to make time for fun things you and your child would like to do. Put the main themes on your chart.

**LEARNING SKILLS**

Planning and organization, reflection

**MATERIALS**

Daily chart, paper, pencils or markers

### Transition

**ACTIVITY**

Create a fun water-animal dance. Can you swim like a shark, splash like a dolphin, walk like a crab?

**LEARNING SKILLS**

Gross motor skill development, movement, vocabulary

**MATERIALS**

N/A
## Pre-Exploration

**Activity**
Talk about what an experiment is. We think about what we want to know, test it out and then observe what happens.

**Learning Skills**
Science, inquiry and prediction

**Materials**
N/A

## Purposeful Exploration

**Activity**
Try this classic walking waterplay. Fill six jars or glasses with water. Add a different color of food coloring (or a drop of watercolor paint) to each glass. Next, ask your child to place a tissue strip (a paper towel will do) on the edge of the jar, dipping in the water. Take the other end of the tissue and place it in another jar next to it. Continue connecting the jars with the tissue strips. Watch what happens. Does the water walk from jar to jar? Does the tissue change colors?

**Learning Skills**
Science, matter and energy

**Materials**
Six jars or glasses, food coloring or watercolor paint, paper towel or tissue (make into strips)

## Post-Exploration

**Activity**
What happened in our experiment with water and colors? What did the water do? What did you notice about the colors?

**Learning Skills**
Science, data collection and interpretation

**Materials**
N/A
### MEALTIME

**ACTIVITY**
As you prepare for lunch, ask your child to name three foods from the water (e.g., fish, clams, lobster, crabs, seaweed).

**LEARNING SKILLS**
Vocabulary, science, food sources

**MATERIALS**
N/A

### TRANSITION

**ACTIVITY**
Recite the chant “water, water everywhere and not a drop to drink.” What does that mean? Why do you think they can’t drink the water in the chant? What water can we drink? What water is unsafe to drink?

**LEARNING SKILLS**
N/A

**MATERIALS**
N/A

### LEARNING LAB

**ACTIVITY**
Place empty water bottles, small rocks and sand on a table. Ask your child to fill the bottles halfway with water and add the rocks and sand. Shake the bottles and discuss what happens. Ask, “Does this happen in the ocean or a river?” Extend the activity and ask your child to fill another bottle about half full with water. Add a few drops of blue food coloring and enough cooking or baby oil to fill the bottle about two-thirds of the way. Your child can hold the bottle sideways and tip it to create waves.

**LEARNING SKILLS**
Science, natural world, matter and energy

**MATERIALS**
Empty water bottles, small rocks, sand, blue food coloring (optional) and baby or olive oil (optional)
## OUTSIDE TIME

**ACTIVITY**

Have fun pouring and splashing. Test buckets and bowls and play with dumping and pouring. What happens when you pour from a bowl, a glass or a big bucket? What spills the most water? You may get wet, but you’ll have lots of laughs.

**LEARNING SKILLS**

Science, matter and energy

**MATERIALS**

Various containers for water

## REST TIME

**ACTIVITY**

Time to relax. Establish a routine before naps that supports your child in calming his or her body and settling the mind

**LEARNING SKILLS**

N/A

**MATERIALS**

N/A

## TRANSITION

**ACTIVITY**

Visit explore.org and watch a live webcam of the aquarium for a few minutes. How many colors of fish do you see?

**LEARNING SKILLS**

Science, observation, counting, color recognition

**MATERIALS**

Explore.org aquarium webcam
**CHILD’S CHOICE**

<table>
<thead>
<tr>
<th>ACTIVITY</th>
<th>This may be a good time to do the one thing your child wanted to do today. You can also do this activity anytime during the day.</th>
</tr>
</thead>
<tbody>
<tr>
<td>LEARNING SKILLS</td>
<td>N/A</td>
</tr>
<tr>
<td>MATERIALS</td>
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