GODDARD AT HOME
F.L.EX.® DAILY ACTIVITY PLANS
KINDERGARTEN
GARDENS GALORE
WEEK 2 • DAY 3
## GREETING

**ACTIVITY**
Greet your child with a warm “Good morning.” Invite your child to look outside. Ask, “What is new today?” (e.g., more trees in bloom, no more snow, the grass is turning green) or talk about what you see out the window.

**LEARNING SKILLS**
Scientific exploration

**MATERIALS**
N/A

## MORNING MEETING

**ACTIVITY**
Reflect and Plan. Talk about what you did yesterday. “What was the most fun?” “Do you want to do it again?” Children love to repeat favorite activities. Outline the plan for the day and add it to your chart.

**LEARNING SKILLS**
Working memory, writing skills, communication

**MATERIALS**
Daily chart, paper, pencil or marker

## TRANSITION

**ACTIVITY**
As you are getting ready for the day, imagine you are wiggling worms. Wiggle to the left, wiggle to the right. Make up an earthworm dance.

**LEARNING SKILLS**
Gross motor skill development, self-expression

**MATERIALS**
N/A
**PRE-EXPLORATION**

**ACTIVITY**
Talk about frogs and toads. You find all sorts of them in ponds and gardens. Toads eat bugs that could hurt flowers so they are helpful in the garden. Let’s make a toad house.

**LEARNING SKILLS**
Science, natural habitats

**MATERIALS**
N/A

**PURPOSEFUL EXPLORATION**

**ACTIVITY**
Have your child make a toad house. You can set up any of the suggested materials and let your child be creative. Ask your child to write the word “TOAD” on the house. When your child is done, you can help him or her place the toad house near your garden or plants.

**LEARNING SKILLS**
Creativity, science, natural habitats, fine motor skill development, writing skills

**MATERIALS**
Old plant pot on its side, cup with a cut-out, smooth-edge open can, stones, crayons, paint, brushes, markers

**POST-EXPLORATION**

**ACTIVITY**
Talk about how you will look for toads in about a week. Discuss the toad house and why the toads might like this one.

**LEARNING SKILLS**
Reflection, prediction

**MATERIALS**
N/A
### MEALTIME

**ACTIVITY**

It’s garden time! Create a salad of healthy foods that come from the garden. Let your child pick what goes in the salad.

**LEARNING SKILLS**

Learning healthy habits, scientific exploration

**MATERIALS**

Salad ingredients

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### TRANSITIONS

**ACTIVITY**

As you are cleaning up after lunch, discuss what you can have for dinner that comes from a garden.

**LEARNING SKILLS**

Learning healthy habits

**MATERIALS**

N/A

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### LEARNING LAB

**ACTIVITY**

Plan a garden. Create a garden on paper that you can plant later. What will you plant? Where will the flowers go? Are you going to plant tomatoes? Use old magazine pictures, or your child can draw pictures. Your child can spend time cutting out, gluing and drawing pictures to build the garden map.

**LEARNING SKILLS**

Planning, organization, creativity, fine motor skill development

**MATERIALS**

Large sheet of paper, crayons, markers, old magazines, scissors, glue or tape
### OUTSIDE TIME

**ACTIVITY**

Make a butterfly garden (or at least begin one if you can’t get flowering plants right now). This can be done in the yard, on a patio or in a window box. Ask your child to create the space using the stones for the butterflies to rest, a shallow bowl with a puddle for them to drink and some wet sand. Your child can decorate the garden with painted stones, leaves, etc. Add a few flowering plants when you can.

**LEARNING SKILLS**

Science, natural habitats, design, creativity

**MATERIALS**

Stones, small bowl of water, sand, leaves, flowering plants

### REST TIME

**ACTIVITY**

Time to relax. Establish a routine before naps that supports your child to calm his or her body and settle the mind.

**LEARNING SKILLS**

N/A

**MATERIALS**

N/A

### TRANSITION

**ACTIVITY**

Act out the stages of a butterfly’s life – curl up like an egg, wiggle like a caterpillar, curl up with a blanket like a cocoon and wave wings like a butterfly.

**LEARNING SKILLS**

Gross motor skill development, science, biology

**MATERIALS**

N/A
### Child’s Choice

<table>
<thead>
<tr>
<th><strong>Activity</strong></th>
<th>This may be a good time to do the one thing your child wanted to do today. You can also do this activity anytime during the day.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Learning Skills</strong></td>
<td>N/A</td>
</tr>
<tr>
<td><strong>Materials</strong></td>
<td>N/A</td>
</tr>
</tbody>
</table>