



GODDARD AT HOME

F.L.EX.® DAILY ACTIVITY PLANS
KINDERGARTEN

LEAPING INTO LITERATURE

WEEK 1 • DAY 2





GREETING

ACTIVITY	Good Morning - Read one of your family's favorite children's books with your child.
LEARNING SKILLS	Reading comprehension, vocabulary
MATERIALS	Favorite children's book

MORNING MEETING

ACTIVITY	Reflect and Plan - Talk about what you did yesterday. Next, talk about the routine for the day. Ask your child what he or she would like to do. Make sure you plan when you will do that activity during the day. Add it to the daily chart.
LEARNING SKILLS	Working memory, planning and organization, understanding time
MATERIALS	Paper, markers

TRANSITION

ACTIVITY	Sing a song about letters as you start a learning activity, such as the alphabet song or a chant you make up about the letters and words that begin with those letters (A is for apple, B is for banana).
LEARNING SKILLS	Music, working memory, letters
MATERIALS	Music



PRE-EXPLORATION

ACTIVITY	Talk about the purposeful exploration activity, and work together to gather the materials you will need.
LEARNING SKILLS	Responsibility, planning and organization
MATERIALS	See below

PURPOSEFUL EXPLORATION

ACTIVITY	My Five-Page Story – Ask your child to write a story on five pages. Your child can create the story with drawings, words, letters and scribbles to the best of his or her ability. You can then put the pages together as a book. What will the story be about? What will happen first, next and last?
LEARNING SKILLS	Self-expression, sequencing, early writing, fine motor skills
MATERIALS	Paper, crayons, markers, scissors

POST-EXPLORATION

ACTIVITY	Organize the book, and staple or tape the pages together. Read the book together.
LEARNING SKILLS	N/A
MATERIALS	Stapler with staples or tape



MEALTIME

ACTIVITY	Ask your child to help you prepare for lunch, such as by putting out the bread for sandwiches or helping to set the table.
LEARNING SKILLS	Responsibility, self-confidence
MATERIALS	N/A

TRANSITIONS

ACTIVITY	Continue the fun from the transition this morning. Play the game “I Spy” with letters. For example, you might say, “I see something that begins with the letter t.” When your child names the object, let him or her choose an object that you have to guess. Play several rounds.
LEARNING SKILLS	Listening skills, phonemic awareness, vocabulary
MATERIALS	N/A

LEARNING LAB

ACTIVITY	Scribbling Tells a Tale - Ask your child to tell a tale with colors, scribbles and other drawings. If you can, read or watch the story, <i>Scribble Stones</i> by Diane Alber together. You can then collect a few stones and let your child scribble on them. Ask your child to tell you what the scribbles mean. Practice writing a few of the words. Save your child’s creations to give as gifts later.
LEARNING SKILLS	Creativity, self-expression, writing and fine motor skills
MATERIALS	Crayons, paper, stones, the book <i>Scribble Stones</i> by Diane Alber or a YouTube reading of it



OUTSIDE TIME

ACTIVITY	Freeze - In this classic game, everyone dances, runs or jumps. Then, the leader says, "Freeze!" It's fun to see how everyone freezes. Take a picture and play the game again. Look at the images when you get back inside.
LEARNING SKILLS	Gross motor skills, following directions, technology, reflection
MATERIALS	Camera or smartphone

REST TIME

ACTIVITY	It's time to relax. Establish a routine before naps that supports your child in calming his or her body and settling his or her mind.
LEARNING SKILLS	N/A
MATERIALS	N/A

TRANSITION

ACTIVITY	Talk about the story that you read this morning and dream up a different ending for it. Then, reflect on the day's fun.
LEARNING SKILLS	Cognitive flexibility, self-expression
MATERIALS	N/A



CHILD'S CHOICE

ACTIVITY	Use this time to do the activity your child wanted to do this morning. You can also do this activity at any time during the day.
LEARNING SKILLS	N/A
MATERIALS	N/A