IT’S DRAMA TIME

WEEK 6 • DAY 5
**GREETING**

**ACTIVITY**
Greet your baby with a warm smile and make eye contact with him or her before taking him or her from the sleep space. Talk to your child about his or her night and what you do as you prepare for the day.

**LEARNING SKILLS**
Responding with emotion to stimulus

**MATERIALS**
N/A

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**GATHERING TIME**

**ACTIVITY**
Once personal-care needs are met and you and your child are ready to start the day, read *Peek-a-Boo! Baby Faces* by Roberta Grobel Intrater. This up-close book of baby faces is ideal for reading to your baby. Encourage your baby to point to eyes, ears, nose and mouth, as well as to expressions, tears and smiles. If you do not have this book, try another book with faces that show emotion.

**LEARNING SKILLS**
Exploring books in a variety of ways

**MATERIALS**
Book with emotions

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**TRANSITION**

**ACTIVITY**
Provide a bell, chime or some other type of noisemaker, and sing or chant these lyrics to the tune of “Row, Row, Row Your Boat.”

*Ring, ring, ring the bell*
*So we both can hear, [Lunch time] is happening next, [Lunch time] is here.*
*Fill in the brackets with whatever activity you have coming up next.*

**LEARNING SKILLS**
Responding to sounds in the environment

**MATERIALS**
Bell, chime, metal spoons, keys, lyrics
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INFANT - IT’S DRAMA TIME

PROCESSING ACTIVITY

ACTIVITY
Fill an empty tissue or baby-wipes box with scraps of textured material or fabric with part of the first piece sticking out of the opening. While your baby is seated on the floor, encourage him or her to pull out the fabric pieces one at a time. For each piece of material, pull it so that it sticks out of the opening enough for your baby to see and grab. Talk to your baby about the shapes, textures and colors of each piece as he or she pulls it out of the box. This activity can be repeated over and over again.

LEARNING SKILLS
Exploring objects of varying textures

MATERIALS
Tissue or baby-wipes box, fabric pieces

CONNECTION ACTIVITY

ACTIVITY
Place a blanket on the floor next to the edge of the couch. Tuck two sheets of tissue paper under the cushions of the couch so that they hang down to the floor like a curtain. Take your baby’s socks off and lay him or her on his or her back with feet against the tissue. If your baby is slow to start kicking, tap the paper with your hand or gently push his or her feet against it. Once the noise begins, the baby will keep kicking.

LEARNING SKILLS
Controlling and coordinating movement of the body

MATERIALS
Blanket, tissue paper
PERSONAL CARE INTERACTIONS

ACTIVITY

Provide consistent “routine talk” from day to day for a variety of activities. Each day when it’s lunchtime, say, “It’s lunchtime. Time to eat!” so your infant associates that specific phrase with the time of day and the action. At diaper-changing, sing these lyrics to the tune of “Bear Hunt.”

It’s time to change your diaper,
It’s time to change your diaper,
Let’s get you dry, let’s get you dry.

LEARNING SKILLS

Anticipating the next step of a familiar routine

MATERIALS

N/A

MEALTIME

ACTIVITY

During feeding time, have your little one snuggle near you while eating. Make faces and sounds as you talk about the food being yummy, warm, delicious and good for a growing baby.

LEARNING SKILLS

Participating in experiences related to healthy food

MATERIALS

N/A
INFANT - IT'S DRAMA TIME

TRANSITION

ACTIVITY

Before moving to the next activity, do these exercises with your baby while chanting these words.
- Stand up tall
- (Stand your baby on your legs.)
- Hands in the air
- (Raise his or her arms.)
- Now sit down in your chair
- (Sit down in a chair or on the floor.)
- Clap your hands and make a frown
- (Model a sad face.)
- Smile
- (Show a big smile.)
- Hop up and down
- (Bounce infant in your lap.)

LEARNING SKILLS

Coordinating bodily movements

MATERIALS

N/A

OUTSIDE TIME

ACTIVITY

Babies love keys! Hold real or plastic keys in your hand and say, “One, two, three. Let’s drop the keys!” Drop the keys on the ground and make sure your baby is watching you. Put the keys in your baby’s hand and open your baby’s fingers so the keys will drop. After a few times, your baby will know what to do and will delight in this game.

LEARNING SKILLS

Exploring cause and effect

MATERIALS

Toy or real keys (cleaned and sanitized)
**REST TIME**

**ACTIVITY**  
Follow a consistent rest routine with your baby. Talk with your child about the day’s activities as you lull him or her to sleep.

**LEARNING SKILLS**  
Responding to sensory stimulus

**MATERIALS**  
N/A

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**TRANSITION**

**ACTIVITY**  
Bounce your child gently on your knees while you sing this chant.  
*This is the way the ladies ride,*  
*Trit trot, trit trot, trit trot.*  
(Bounce your baby while saying “trit trot, trit trot” and continue singing.)  
*This is the way the gentlemen ride,*  
*A clippety clop, a clippety clop.*  
*This is the way the farmers ride*  
*A gallop, a trot, a gallop, a trot.*  
*This is the way the old man rides*  
*A hobbledy, hobbledy, hobbledy, hobbledy, hoo.*

**LEARNING SKILLS**  
Responding to music

**MATERIALS**  
Lyrics

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**CHILD’S CHOICE**

**ACTIVITY**  
Provide things such as toy or real keys, a hat, a pair of mittens and an empty wallet and see which one captures your baby’s attention first.

**LEARNING SKILLS**  
Exploring objects of varying characteristics

**MATERIALS**  
Keys, hats, mittens, purses, empty wallets