GODDARD AT HOME
F.L.EX.® DAILY ACTIVITY PLANS
INFANT

SUPERMARKET SWEEP
WEEK 5 • DAY 5
GREETING

ACTIVITY
Greet your baby with a warm smile and make eye contact with him or her before taking him or her from the sleep space. Talk to your child about his or her night and what you do as you prepare for the day.

LEARNING SKILLS
Responding with emotion to stimulus

MATERIALS
N/A

GATHERING TIME

ACTIVITY
Once personal-care needs are met and you and your child are ready to start the day, read *Eating the Alphabet* by Lois Ehlert or listen to the read-along. Point to the illustrations as you read the text.

LEARNING SKILLS
Recognizing that print has meaning

MATERIALS
Book or read-along

TRANSITION

ACTIVITY
Before your next activity, give your child a wet cloth or sponge and demonstrate cleaning by wiping off a surface with your child.

LEARNING SKILLS
Imitating familiar actions in play

MATERIALS
Washcloth or sponge
INFANT - SUPERMARKET SWEEP

**PROCESSING ACTIVITY**

**ACTIVITY**
Provide a variety of empty food containers and a recyclable grocery bag. Fill and empty the bag with your baby. Talk about food, groceries and how you are shopping.

**LEARNING SKILLS**
Making connections between experiences

**MATERIALS**
Empty food containers, recyclable grocery bag

**CONNECTION ACTIVITY**

**ACTIVITY**
Provide your baby with safe, clean, recycled materials to explore, such as empty cereal boxes, oatmeal tubs and beverage containers with secured lids. Use language related to what the child is doing with the specific object. Provide a wide variety of materials for exploration throughout the day and talk about the items being explored. Say, “Samuel, you’re banging the pots together” or “Jeremy, you’re holding the large box.”

**LEARNING SKILLS**
Relating familiar objects in text to personal experience

**MATERIALS**
Recycled materials

**PERSONAL CARE INTERACTIONS**

**ACTIVITY**
Encourage your baby to assist you in the handwashing routine. Have your little one help turn on the water, get child-safe soap and dry hands.

**LEARNING SKILLS**
Engaging in fundamental practices for good health

**MATERIALS**
N/A
MEALTIME

ACTIVITY
Provide two choices for a fruit or vegetable and ask your child which one he or she would like to eat. Demonstrate the ASL signs for “eat” and “drink” and encourage your child to use them.

LEARNING SKILLS
Participating in experiences related to healthy food choices

MATERIALS
Fruit or vegetables; see image for sign

Enrichment provided by Time to Sign™

TRANSITION

ACTIVITY
Your movements and the sound of your voice are soothing to your baby. Hold your little one in your arms and walk around the room. While walking, tell him or her what you are doing. Describe the surroundings to your child. Be sure to pause and speak softly. Watch for his or her response!

LEARNING SKILLS
Recognizing and responding to a familiar adult and routines

MATERIALS
N/A

OUTSIDE TIME

ACTIVITY
Visit your garden or look for one when you are outside. Talk about what food you see and what you can take inside to eat. As an alternative activity, create a farmer’s market produce garden with toy food in your yard.

LEARNING SKILLS
Demonstrating an increasing ability to make connections between experiences

MATERIALS
Different types of food
**REST TIME**

**ACTIVITY**
Follow a consistent rest routine with your baby. Talk with your child about the day’s activities as you lull him or her to sleep.

**LEARNING SKILLS**
Responding to sensory stimulus

**MATERIALS**
N/A

**TRANSITION**

**ACTIVITY**
Play “This Little Piggy” with fingers or toes.
This little piggy went to market (wiggle infant’s thumb)
This little piggy stayed home (wiggle pointer)
This little piggy had roast beef (wiggle middle finger)
This little piggy had none (wiggle ring finger)
And this little piggy (wiggle pinky finger)
Went “wee, wee, wee” all the way home.
(Use fingers to run to belly and tickle)

**LEARNING SKILLS**
Responding to music

**MATERIALS**
N/A

**CHILD’S CHOICE**

**ACTIVITY**
Provide play food, plates, pots, pans, cups, etc. for your child to “cook” with. Enjoy a meal together after your child chooses to cook.

**LEARNING SKILLS**
Acting out familiar scenarios

**MATERIALS**
Plastic food, plates, cups, empty food containers