**GREETING**

**ACTIVITY**
Greet your baby with a warm smile and make eye contact with him or her before taking them from the sleep space. Talk to your child about his or her night and what you do as you prepare for the day.

**LEARNING SKILLS**
Responding with emotion to stimulus

**MATERIALS**
N/A

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**GATHERING TIME**

**ACTIVITY**
Once personal-care needs are met and you and your child are ready to start the day, read *Dig Dig Digging* by Margaret Mayo and point to the pictures as you read the text. If you do not have the book, you can listen to the read-along.

**LEARNING SKILLS**
Demonstrating interest in books that have color, pattern and contrast

**MATERIALS**
Book or read-along

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**TRANSITION**

**ACTIVITY**
Before playing with your next set of materials (cups), have a conversation about washing the materials. Provide a small container of soapy water and wash the materials with your infant.

**LEARNING SKILLS**
Using the senses as a primary means to explore and learn from the environment

**MATERIALS**
Stacking cups
**PROCESSING ACTIVITY**

**ACTIVITY**
Place a variety of cups near your baby. Encourage your little one to touch, stack and explore the cups. Then encourage them to kick his or her feet or move their arms to knock over the tower. Once your baby knocks it down, say something like, "Uh oh! They all fell down!" You can repeat this several times, if your little one is interested.

**LEARNING SKILLS**
Stacking and unstacking objects

**MATERIALS**
Stacking cups

**CONNECTION ACTIVITY**

**ACTIVITY**
Encourage your baby to reach and grasp for toys. Encourage him or her to examine the toys by turning them around, passing them from hand to hand, exploring them with his or her mouth and banging, dropping or throwing them to see what happens. Make noise with the cups in different ways by gently banging a cup on the table or floor, tapping on the cup with fingers or clapping two cups together. Encourage your child to join the fun!

**LEARNING SKILLS**
Using pincer grasp to pick up objects

**MATERIALS**
Variety of toys

**PERSONAL CARE INTERACTIONS**

**ACTIVITY**
Encourage your little one to assist you in your handwashing routine. Have your baby help turn on the water, use child-safe soap and dry his or her hands.

**LEARNING SKILLS**
Participating in fundamental practices for good health

**MATERIALS**
Sink, water, soap
## MEALTIME

**ACTIVITY**
Talk about different textures and sensory experiences at mealtime, such as a soft napkin, a crunchy cracker or cold juice.

**LEARNING SKILLS**
Exploring objects of varying textures

**MATERIALS**
Snack- and mealtime items

## TRANSITIONS

**ACTIVITY**
Connect your words with your actions. When you lift your infant up, say things like, “Here we go, up, up, up!” If going down on the floor to play, say things like, “Down, down, down we go!”

**LEARNING SKILLS**
Demonstrating an increasing ability to make connections between experiences

**MATERIALS**
N/A

## OUTSIDE TIME

**ACTIVITY**
If possible, provide a cardboard box to explore with your baby. Use language such as “next to,” “inside” and “outside.” If no cardboard boxes are available, use a shoebox or other container with a variety of toys.

**LEARNING SKILLS**
Using new vocabulary in everyday speech

**MATERIALS**
Cardboard box, variety of toys
## REST TIME

**ACTIVITY**

Follow a consistent rest routine with your baby. Talk with your child about the day’s activities as you lull him or her to sleep.

**LEARNING SKILLS**

Responding to sensory stimulus

**MATERIALS**

N/A

## TRANSITION

**ACTIVITY**

Use language as a cue to help your baby predict what happens next. As you are cleaning up the toys, sing the clean-up song to the tune of “The Farmer in the Dell.”

We all are cleaning up, we all are cleaning up,
Hi! Ho! The Derry-O! We all are cleaning up.

Add you and your child’s names to personalize it.

[Anya] is cleaning up, [Mommy’s] cleaning up,
Hi! Ho! The Derry-O! [Anya] is cleaning up!

**LEARNING SKILLS**

Anticipating the next step of a familiar routine or activity

**MATERIALS**

N/A

## CHILD’S CHOICE

**ACTIVITY**

Provide a variety of recycled “blocks” such as plastic juice or milk containers, cups, water bottles and baby food containers. Work alongside your child, modeling and supporting as your infant builds and creates with these items.

**LEARNING SKILLS**

Using the comfort of familiar experiences to explore new activities and experiences