GREETING

ACTIVITY
Greet your baby with a warm smile and make eye contact with your little one before taking him or her from their sleep space. Talk to your baby about his or her night and what you do as you prepare for the day.

LEARNING SKILLS
Responds with emotion to stimulus

MATERIALS
N/A

GATHERING TIME

ACTIVITY
Once you have met your baby’s personal care needs and are ready to start the day, read Ten Tiny Toes by Caroline Jayne Church. Encourage your baby to communicate as you read the book as it explores an infant’s mouth, ears, eyes, nose and a love that grows and grows. You can also use Ten Little Fingers and Ten Little Toes, by Mem Fox.

LEARNING SKILLS
Relates familiar objects in a text to personal experience

MATERIALS
Book or Ten Tiny Toes or Ten Little Fingers and Ten Little Toes

TRANSITION

ACTIVITY
As you move to your next activity, you can sing or chant the following: Ten little fingers, ten little toes, two little eyes, a mouth and a nose, put them all together and what have you got? You’ve got me baby, and that’s a lot!

LEARNING SKILLS
Shows affection and bonding with familiar adults

MATERIALS
N/A
**PROCESSING ACTIVITY**

**ACTIVITY**
Place your infant on her or his back on a soft blanket or in a highchair or the bathtub for an older infant. Massage your child’s hands and feet and say something like, “I’m going to find your toes.” You can also say, “Now I am going to find your fingers.” You may end with “This little piggy went to the market.”

BONUS! Enjoy an activity as Goddard presents Root for Earth. In honor of Earth Day, cut up clean clothes or other cloth that you no longer use. Fill a container with the scraps of fabric and let your baby touch the different textures or layer them on top of one another. Talk about size, shapes and colors of them. Reusing textiles for play is a creative way to conserve.

*Share a photo of you and your child doing this activity with us at PR@goddardsystems.com. Please include your child’s name, age and which Goddard School location your child attends. We may use your photo in our media outreach, including broadcast, print and electronic news media.*

**LEARNING SKILLS**
Demonstrates an increased concept of self

**MATERIALS**
Blanket, highchair, bathtub bin, scissors, old clean clothes or cloth

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**CONNECTION ACTIVITY**

**ACTIVITY**
Sit on the floor with your baby and place a mirror near him or her. Watch how your little one observes himself or herself in the mirror and narrate his or her expressions. Say, “I see you are smiling! You look happy!” For younger children, hold the mirror and describe what they are seeing.

**LEARNING SKILLS**
Recognizes self and others

**MATERIALS**
Mirror
## Personal Care Interactions

**Activity**
While changing your baby’s diaper, repeat back the sounds he or she is making such as, “ma-ma-ma” and “coo-coo-coo.” Encourage the infant to respond to your sounds too.

**Learning Skills**
Acquires and uses an increased amount of vocabulary in everyday speech

**Materials**
N/A

## Mealtime

**Activity**
When your baby is in the highchair, use the ASL gesture for more before you give him or her more food. Ask, “Do you want more bananas?” Put hands in a position that looks like you want to clap, bend fingers over and touch them together.

**Learning Skills**
Indicates needs through vocalizations and body movements

**Materials**
ASL sign for “more”

## Transition

**Activity**
As you move to the next activity, experiment with different types of walking, like tiptoeing, marching or stomping while holding your child. Use descriptive language to talk about each movement.

**Learning Skills**
Demonstrates an understanding of the basic elements of music and movement

**Materials**
N/A
### OUTSIDE TIME

**ACTIVITY**
Move story time to an outside area. Take a large blanket or outdoor pad for you and your baby to sit or lie on while the story is being read. The book can be about insects or other items commonly found outdoors.

**LEARNING SKILLS**
Shows interest in the natural world

**MATERIALS**
Book, blanket

### REST TIME

**ACTIVITY**
Follow a consistent rest routine with your baby. Talk with your child about the day’s activities as you lull your little one to sleep.

**LEARNING SKILLS**
Responds to a sensory stimulus

**MATERIALS**
N/A

### TRANSITION

**ACTIVITY**
When moving to the next activity, chant or sing the following: “These are my fingers, these are my toes, this is my mouth and this is my nose.” Help your infant point to those parts of her or his body while singing. This can be sung to the tune of “I’m a Little Teapot.”

**LEARNING SKILLS**
Explores own body parts

**MATERIALS**
“I’m a Little Teapot” - tune
# CHILD’S CHOICE

**ACTIVITY**

Provide a few children’s storybooks and allow your child to select. Share the enthusiasm of your baby’s choice and read the book that your little one selected.

**LEARNING SKILLS**

Demonstrates preference for specific objects or activities

**MATERIALS**

Children’s books