ANIMAL ADVENTURES

WEEK 3 • DAY 1
GODDARD AT HOME:
F.L.EX.® DAILY ACTIVITY PLANS
INFANT - ANIMAL ADVENTURES

**GREETING**

**ACTIVITY**
Greet your baby with a warm smile and make eye contact with them before taking your little one from his or her sleep space. Talk to your baby about their night and what you do as you prepare for the day.

**LEARNING SKILLS**
Responds with emotion to stimulus

**MATERIALS**
N/A

**GATHERING TIME**

**ACTIVITY**
Once you have met your baby’s personal care needs and are ready to start the day, you can begin by reading a book about pets or about a child who is learning to take care of pets. After reading, remind your child to be gentle with pets.

**LEARNING SKILLS**
Explores the characteristics of living things

**MATERIALS**
_Tails are Not for Pulling_ by Elizabeth Berdick [For read-aloud click here](#)

**TRANSITION**

**ACTIVITY**
As you transition to the next activity, demonstrate a gentle touch with your child. You can also include the family pet or a stuffed animal to practice gentle touch together.

**LEARNING SKILLS**
Uses the comfort of familiar experiences to explore new activities and experiences

**MATERIALS**
Stuffed animal
### PROCESSING ACTIVITY

**ACTIVITY**
Using a stuffed animal, name the animal and the sound it makes. Give your child time to reach out and hold the animal or gently place it in your little one’s hands to hold. As your baby examines it, label its body parts. You can say, “Look, here are its ears. It has one, two ears.” “See its nose? Here it is!” “See the tail?” “Is it long or short?”

**LEARNING SKILLS**
Explores objects

**MATERIALS**
Stuffed animal

### CONNECTION ACTIVITY

**ACTIVITY**
Pets and yoga - Use this winning combination to practice your puppy pose and downward dog, with your child. Enjoy pet yoga with your little one.

**LEARNING SKILLS**
Develops control of the body

**MATERIALS**
Yoga pose references

### PERSONAL CARE INTERACTIONS

**ACTIVITY**
During diaper changing time, talk to your child about parts of her or his own body, pointing to your baby’s head, stomach, arms and legs and saying each part as you point.

**LEARNING SKILLS**
Explores his or her own body parts

**MATERIALS**
N/A
### MEALTIME

**ACTIVITY**
During mealtime, talk to your baby about what they are eating, naming their foods. Then talk about what pets eat. Ask a silly question like “Do you think the dog would like sweet potatoes?” Talk about how everyone needs food.

**LEARNING SKILLS**
Explores the basic needs of plants and animals

**MATERIALS**
N/A

### TRANSITIONS

**ACTIVITY**
Move like your favorite type of pet to the next activity: crawl like a dog, stretch like a cat, swim like a goldfish.

**LEARNING SKILLS**
Recognizes and exploring how objects move

**MATERIALS**
N/A

### OUTSIDE TIME

**ACTIVITY**
Say, “I wonder if pets like to be outside?” Engage in this type of conversation with your child. Discuss the similarities and differences of animals going on walks and cats climbing trees.

**LEARNING SKILLS**
Explores the basic needs of plants and animals

**MATERIALS**
N/A
### REST TIME

**ACTIVITY**
Follow a consistent rest routine with your baby. Talk with your child about the day’s activities as you lull your little one to sleep.

**LEARNING SKILLS**
Responds to a sensory stimulus

**MATERIALS**
N/A

### TRANSITION

**ACTIVITY**
When transitioning to the next activity, sing or chant, and follow along with the motions described:
- *Puppy dog puppy dog turn around.*
- *Puppy dog puppy dog touch the ground.*
- *Puppy dog puppy dog shake your hips.*
- *Puppy dog puppy dog blow a kiss.*
- *Puppy dog puppy dog jump up high.*
- *Puppy dog puppy dog see me smile.*
- *Puppy dog puppy dog give a hug.*
- *Puppy dog puppy dog lots of love.*

**LEARNING SKILLS**
Uses words related to motion

**MATERIALS**
N/A

### CHILD’S CHOICE

**ACTIVITY**
Set up a few of your child’s stuffed animals. Encourage your child to crawl, walk or reach for one of the stuffed animals. Use descriptive language to describe the animal your little one chose. “You picked the brown puppy dog.” “The puppy is soft with big eyes.”

**LEARNING SKILLS**
Demonstrates preference for specific objects or people

**MATERIALS**
Stuffed animals