### Greeting

**Activity**
Greet your baby with a warm smile and make eye contact with your child before picking him or her up. Talk to your child about how the night went and what you do to prepare for the day.

**Learning Skills**
Responds with emotion to a stimulus

**Materials**
N/A

### Gathering Time

**Activity**
Once your child’s personal care needs are met and you are ready to start the day, sit with your baby facing you and sing a song while using your body to move your child’s body. This could be a rowing or bobbing motion.

**Learning Skills**
Attempts to mirror actions

**Materials**
N/A

### Transition

**Activity**
Before picking up your child from the floor or a chair, talk to your baby while you are approaching. It lets your child know when you are coming and what you will be doing next with him or her.

**Learning Skills**
Responds to adult guidance

**Materials**
N/A
### PROCESSING ACTIVITY

**ACTIVITY**
Find animals in books or toy animals around the house. Point to and name the animals with your little one. Encourage your child to make the noises that the animals make.

**LEARNING SKILLS**
Responds to sounds and images

**MATERIALS**
Book or animal toy

### CONNECTION ACTIVITY

**ACTIVITY**
Take a picture of your child engaging in an activity. Show your child the picture and talk about what he or she was doing. You can also record a few seconds of video.

**LEARNING SKILLS**
Recognizes self

**MATERIALS**
Phone

### PERSONAL CARE INTERACTIONS

**ACTIVITY**
When changing your child’s diaper, sing a beloved song. Allow this to be your changing song. You can begin to use it before you start changing your baby. He or she will learn what it means and start to sing it with you.

**LEARNING SKILLS**
Recognizes familiar songs

**MATERIALS**
N/A
### MEALTIME

**ACTIVITY**
If your baby is eating food, sit with your child during meals and point to and name the foods. Talk about which foods different animals might eat.

**LEARNING SKILLS**
Recognizes named items

**MATERIALS**
Food

### TRANSITIONS

**ACTIVITY**
Do small jumps with your baby in your arms like a kangaroo with her joey. Describe your movements to your child, and afterwards, show them a picture of a kangaroo to reinforce the learning. This can be done with different animals, adjusting for the movement of the different animals (i.e.- elephants stomp, snakes slither, jaguars run fast, eagles fly, etc.)

**LEARNING SKILLS**
Enjoys time with adults

**MATERIALS**
N/A

### OUTSIDE TIME

**ACTIVITY**
Take a walk outside and look for birds in the sky or animals on the ground. Encourage your baby to look around to find them, too.

**LEARNING SKILLS**
Tracks objects with eyes

**MATERIALS**
Stroller (optional)
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## REST TIME

| ACTIVITY | Before rocking your baby to sleep, show your baby a picture of an elephant and her calf. Point out the trunk and point to your own mouth and nose, as well as babies mouth and nose, naming the parts |
| LEARNING SKILLS | Responds to a sensory stimulus |
| MATERIALS | Rocking chair |

## TRANSITION

| ACTIVITY | When you get your child up from a nap, look back at the picture of the elephant and her calf and go through the same activity you did before rest time. |
| LEARNING SKILLS | Seeks affection from adults |
| MATERIALS | N/A |

## CHILD’S CHOICE

| ACTIVITY | Place several items in front of your child while your baby lies on his or her tummy. Encourage your child to reach for a toy he or she wants to explore. If your child is more mobile, you can let your baby choose some items to explore. |
| LEARNING SKILLS | Develops body control |
| MATERIALS | Various toys |