



Five Ways to Encourage Children to Give Back

Part of being a good citizen includes giving back to the community and the world at large. Here are [five ways](#) to encourage children to be charitable.



Nine Ways to Stay Relaxed During the Holiday Season

The holiday season is a lot of fun, but it can also be stressful. Here are [nine ways to stay calm](#) during the most wonderful time of the year.

New Year's Resolutions

2019 is right around the corner! What good habit will your family resolve to adopt in the new year? [Click here](#) for tips on how to create resolutions as a family!



[Hot Chocolate Recipe](#)

A cold winter night and a [cup of hot cocoa](#) fit perfectly together for any occasion. Have a cozy night at home with your little one and share some silly stories over a cup of hot chocolate.

Turn off all the lights except one and make shadows on the walls with your hands to put on a shadow-puppet show with your child. Read stories together or make up your own tales. But before you do any of that, spice up your cup by following this recipe!

[Ingredients](#)

- 1 cup of warm milk
- 2 packs of cocoa mix
- A handful of mini-marshmallows
- A dash of cinnamon
- A topping of whipped cream

[Directions](#)

Heat up a cup of milk and add two packs of cocoa mix for that extra-delicious chocolate taste. Then, mix your ingredients well. Next, add a handful of marshmallows and a dash of cinnamon. Finish with a squirt of whipped cream on top.

Sharing is a Significant Skill for Young Children

Demonstrating the act of sharing with young children helps them build friendships and create a peaceful playtime with others. [Here are three ideas](#) to help you incorporate sharing into daily activities with your children.



Five Excellent School Stain Removal Hacks

This time of year, many families spend time baking or making crafts. While creating something together can be a fun learning experience for all, accidents happen. More specifically, stains happen. Here are [five handy stain removal hacks](#) for when your child has an “uh oh!” moment.



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