



## Teaching Your Tot About Money

Dr. Craig Bach, vice president of education for Goddard Systems, Inc. and member of [The Goddard School Educational Advisory Board](#), offers advice on [how to teach your child about financial literacy](#).

## Five Easy Indoor Activities to Promote STEAM Skills in Your Kids

As temperatures turn colder, keep your children entertained and educated with these [five indoor activities that promote STEAM \(science, technology, engineering, arts and math\) learning](#).



## Five Reasons Why Learning the 4Cs is Important

Besides introducing children to STEAM concepts, it's also important to teach children how to communicate, collaborate and think critically and creatively. [Here are five reasons](#) why these skills, otherwise known as the 4Cs, are essential to success in school and in life.

## One-Minute Ways to Calm Down During the Five Most Chaotic Moments of Your Day

The craziness of the holidays has calmed down, but the craziness of the new year has just begun. Here are [five easy ways to stay calm](#) when things get chaotic.

## [Warm Winter Wishes Craft](#)

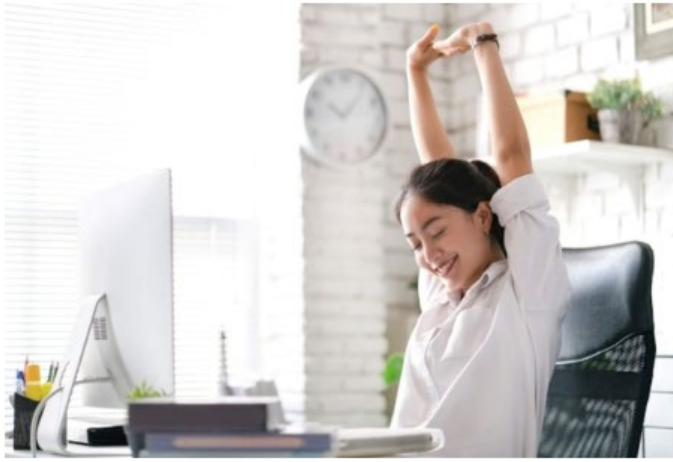
This [special homemade photo gift](#) is sure to warm hearts this winter! Create one for a special someone or make many to give as gifts to family and friends.

### What You Need

- Sheets of colored paper or craft foam
- Ribbon or small adhesive magnet
- Small photo(s) of your family or child
- Glue stick
- Child-safe scissor
- Washable markers
- Pencil
- Single-hole punc
- Decorative winter craft accessories of your choice

### What to Do

1. Use a pencil to trace your child's hand on a sheet of paper or craft foam. Trace each finger individually or around their four fingers together and thumb separately to make a mitten shape.
2. Carefully cut out the hand or mitten shape, and then trim your photo to fit in the "palm" of the cutout. Glue the photo in place.
3. Here's the fun part! Encourage your little one to get creative with washable markers and winter craft accessories to add



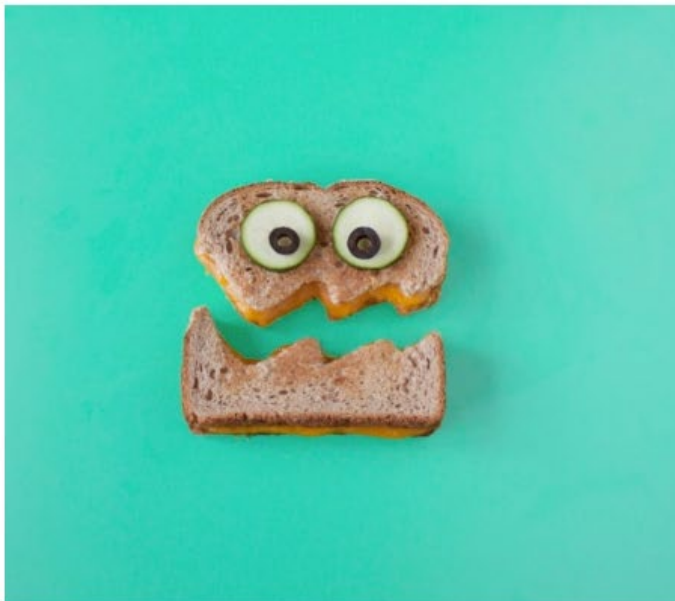
their own decorative touch!

4. When your child is happy with their masterpiece, either punch a hole in the top and tie a ribbon through it for hanging or attach small adhesive magnets to the back for hanging on the refrigerator.

\*An adult should oversee all activities. Activities may not be appropriate for all ages.

### Nine Wholesome Recipes Made Fun for Kids

Having trouble encouraging your child to eat healthily? Spruce up the menu with [these fun recipes](#).



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